


# CrossFit

## Mislata

HORAS	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO
7:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	
8:00	CrossFit - OPO	CrossFit - OPO	CrossFit - OPO	CrossFit - OPO	CrossFit - OPO	
9:30	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit
15:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	
16:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	
17:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	
18:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	
19:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	
20:00	CrossFit - OPO	CrossFit - OPO	CrossFit - OPO	CrossFit - OPO		
20:30	CrossFit	CrossFit	CrossFit	CrossFit		
17:30	Taekwondo Kids	CrossFit Kids	Taekwondo Kids	CrossFit Kids		
19:00	AllBoxing		AllBoxing			
20:00	Taekwondo	Taekwondo	Taekwondo	Taekwondo		